

## **ABSTRACT**

A system and method defining the twelve modular functions of cognition, and using this information to identify individual work style preferences and to facilitate individual and leadership competence development programs. The system and method associates sets of two related pairs of the cognitive functions with each of the three cognitive sectors of Reasoning logically, Relating to others, and taking Action. A preference survey instrument includes sets of any combination of statements, words, questions, or behaviors related to traits common to each of the functions, and defines a set of six preferred functions based on responses to each item in the instrument.